

Clarion Call — Links & Resources Shared in Chat

Collated by Helen Edgar ([Autistic Realms](#)) following the [Clarion Call](#) event hosted by [Viv Dawes](#), 20 August 2026.

Many thanks to everyone for joining us and sharing so many resources.

The Event

- [Clarion Call — Eventbrite listing](#): the event page for Viv Dawes's 20 August online gathering of neurodivergent people to discuss recent media narratives about Autism and neurodivergence, billed with Sofia Farzana (SEMA) and Pete Wharmby as guest speakers (Pete was unable to attend on the day).

Hosts, Facilitators & Speakers

- [Viv Dawes — Autistic Advocate](#): organiser; support, training and resources for neurodivergent people, parents and professionals, with a focus on Autistic burnout.
- [Sofia Farzana — SEMA](#): guest speaker; SEMA is Scotland's only Autistic-minority-ethnic-led organisation, supporting racialised Autistic people.
- [Claire Betson — Neuro By Nature Therapy](#): guest speaker; a BACP-registered counsellor offering neuro-affirming, trauma-informed online counselling.
- [Katie Munday — Autistic Ltd](#): guest speaker; writes on trans and Autistic accessibility of health and social care.
- [Helen Edgar — Autistic Realms](#): facilitated the chat; a neurodiversity-affirming platform of training, resources and community education.
- [Pete Wharmby](#): billed as a guest speaker but unable to join live; Autistic author and speaker on neurodiversity awareness and acceptance.

Coping & Support Resources

- [Stimpunks Field Guide: Coping](#): a practical, community-built guide to regulation and crisis support for neurodivergent and disabled people with signposting for global support hotlines and services.
- [Thriving Autistic](#): a community non-profit organisation offering resources and support for Autistic adults.

- [Neurodivergent Practitioners](#): a directory connecting people with neurodiversity-affirming therapists, coaches and support groups worldwide.
- [Thriving Autistic — free downloads](#): a collated hub of free neuro-affirming resources for Autistic adults.

Remembering Dr Jason Arday

- [Everything Good About Jason Arday](#): a memorial collection of tributes from students and colleagues.
- [Great and Unfortunate Things](#): Jason Arday's memoir (with Eve Claxton) on his journey from an autism diagnosis to becoming Cambridge's youngest Black professor.
- [We See Things They'll Never See](#): Chantelle Jessica Lewis and Jason Arday's book on neurotypical hegemony, exclusion and building solidarity across ableism and racism.
- [Lighthouse Bookshop listing](#): buy "We See Things They'll Never See" from this independent, radical Edinburgh bookshop.
- [Jason Arday on ResearchGate](#): his academic profile, with 34 research items on racial inequality, mental health and neurodiversity in higher education.
- [Jason Arday on Google Scholar](#): a search listing of his published academic work.

Investigating What Happened & Holding Power to Account

- [Byline Times investigation](#): reports on a Peter Thiel-linked race-science network that targeted Jason Arday (Byline Times, 2026).
- [Good Law Project petition](#): demands a public inquiry into press conduct following Dr Arday's death.
- [Petition: independent review into Dr Arday's death](#): calls on the UK Government to investigate the media coverage and institutional handling around his death.
- ["No One Can See Me Cry"](#): a CGHE event examining the mental health impact of racial inequality on BAME academics and students.
- [Ambitious about Autism blog](#): on the compounded, disproportionate discrimination Black Autistic children face in UK schools.

Anti-Racism Learning & Black Neurodivergent Voices

- [Everyday Racism Linktree](#): a hub of anti-racism campaigns, resources and actions to get involved with.
- [Why I'm No Longer Talking to White People About Race](#): Reni Eddo-Lodge's book, publisher listing.
- [Reni Eddo-Lodge's original essay](#): the blog post the book grew from, on the exhaustion of discussing race with white people who won't engage with structural racism (Eddo-Lodge, n.d.).
- [Becoming Trustworthy White Allies](#): Melanie S. Morrison on what sustained, accountable anti-racist allyship requires (Morrison, n.d.).
- [ADHD Babes](#): a support group and community for Black women and Black non-binary people with ADHD, run entirely by Black ADHD women.
- [Ali Mc — Substack](#): writing on colonialism, propaganda and power structures, from a researcher and historian.
- [Oxford podcast: anti-racism in higher education](#): Dr Hend Rashed and Princess Banda on institutional racism and reimagining anti-racist education.

Complaining About Channel 4's "The Great ADHD Myth?"

- [Ofcom complaints form](#): the official form used by attendees to report the programme (broadcast 18 August 2026) for misleading, inadequately challenged content.
- [SEMA Scotland — Facebook post](#): step-by-step guidance for complaining to Channel 4 about the documentary.

Other Organisations & Projects Mentioned

- [SEMA Scotland — blog](#): Sofia Farzana's writing, including a post on Rejection Sensitive Dysphoria referenced during the call.
- [Aurora Consulting](#): Marion's Autistic-led consultancy, where she plans to announce the next Autistic Pride Aberdeen event.

Other Articles & Discussions Referenced

- [UK Parliament petition — Critical Thinking A-Level](#): calls for the reinstatement of Critical

Thinking as an AS/A Level subject.

- [The Times — young women, walking sticks and Gen Z disability](#): a Kathleen Stock column discussed in chat as upsetting and dismissive of disabled young people's experience.
- [Petition: create an Autism crisis line](#): calls for a dedicated Autism crisis line, in memory of Mikayla Raines and Dr Jason Arday.
- [The Hidden 20% — RSD episode](#): host Ben Branson and Dr Shyamal Mashru unpack what Rejection Sensitive Dysphoria is and how to manage it.
- [Webinar recording](#): a previous webinar with Viv Dawes, Sofia Farzana (SEMA) and Claire Betson (Neuro By Nature), shared as further context.

Apologies if I missed anything, please feel free to message autisticrealms@gmail.com if you would like to add any resources to this page that may help others.

Many thanks,

In solidarity, Helen, Viv, Sofia, Claire, Katie and Pete.